



Preschool at Antelope Trails Newsletter

Teacher: Meghan Novak

Paraprofessionals: Jessica Rutledge and Lauren Gearhart

October 2017



Welcome Fall

Thanks to the families who joined us in our first District 20 trip to the Farm! What a cold and fun day to celebrate fall. I loved seeing the animals and the pumpkin patch. Fall is an exciting time of year in preschool. We will share our first parent-teacher conferences. I'm excited to tell you all about the wonderful things your children are learning and doing at school. We will be doing a unit on health and nutrition in October, along with a unit of study on nocturnes.



Parent-Teacher Conferences...

I'm excited to tell you all about the wonderful things your children are learning and doing at school. However, if a conference is not possible for us at this time, or we have had a recent IEP meeting, please wait to have a conference with me in the spring. Parent-teacher conferences will be held after school on **Wednesday, October 18th** and during the day and evening of **Thursday, October 19th**. Because conferences are being held all day on Thursday, October 19th, there will be **no school for any students that day**. Preschool policy requests that you take a conference slot in either the fall or the spring, but you are also not required to. So

please feel free to accept or decline according to your needs. Please enjoy conferences and respect everyone's time commitments. As conferences are only **20 minutes** in length they are a way for you to see the growth your preschooler is making through play and in the classroom every day, but please respect the time commitments of all families.



What we are learning:

We've been very busy learning about homes and families, our classroom, and our daily routine. We will begin exploring the concepts of the changing seasons through October, as well as do a health and nutrition unit. Our health and nutrition unit is a great way to reinforce at home healthy behaviors and habits. Maybe your child could help make a healthy meal or a grocery list with fruits and veggies. Help your children brush their teeth every day.

Practice hand washing with your child. For our hand washing song, we sing:

***"Tops and bottoms, tops and bottoms,
In-between, In-between,
Rub them all together,
Rub them all together,
Now they're clean!
Now they're clean!"***

To finish October, during the week of our autumn party, will we learn about nocturnes.



Autumn Party:

Preschool autumn parties will be held on Tuesday, October 31st. The children will celebrate during the first 40 minutes of class time. We are happy to enjoy costumes at school, as long as they are non-restrictive for movement and NOT SCARY themed.

AM and PM students should come to school dressed in their costumes. We will be doing fun Halloween and fall themed art, and having a few small goodies and surprises in our classroom. Please feel free to join us in our classroom at these parties, the first 40 minutes of class. We will also have a sign-up sheet for parties. Please feel free to donate time, resources, or both to our class parties, as you like. Thanks!



Contact Info:

Phone Numbers:

- Main Attendance line ATE: 234-4100
- Preschool Classroom: 234-4155
- Mrs. Meghan's Voicemail: 234-6516
- Preschool Secretary (at EAC): 234-1750
- Email: meghan.novak@asd20.org



Important Notices:

-Please review the illness guidelines as we enter cold season, we have had many runny noses in our classes.

-When bringing treats for parties, in order for children to enjoy them here at school, they must be store-bought, nut/peanut free, and have the label of ingredients attached.

-Any birthday party invitations need to go to each child in the preschool classroom, or be handed out on your own time, outside of the class, if not all children will be invited

-The nurse needs any health forms and immunization updates immediately!



Thursday, October 5th -NO PRESCHOOL due to teacher workday

Friday, October 6th- No school due to professional learning day

Thursday, October 12th- Book Orders due

Wednesday, October 18th- Evening Parent-Teacher Conferences

Thursday, October 19th- NO SCHOOL due to PARENT-TEACHER CONFERENCES All day

Friday, October 20th- NO SCHOOL ELEMENTARY DUE TO CONFERENCE DAYS

Tuesday, October 31st- Autumn Parties in class. AM 8:45-9:30, PM 11:45-12:30

Reminder: Newsletters are no longer sent in hard copy and can now be found on the ATE Preschool Website at:

https://antelopetrails.asd20.org/Teachers/Meghan_Novak/Pages/default.aspx